



**Bedtime routines.
Managing anger.**

**Get tips on these
topics and more!**

FREE Online Parenting Support During COVID-19

Parenting is hard – especially in these times of COVID-19. Let us help with free online parenting support through the Positive Parenting Program (Triple P).

Triple P is for parents and caregivers (grandparents, other relatives, guardians, etc.) of children from birth through age 8. Learn how to get more of the behavior you like from your children and less of what you don't.

You will receive:

- One-on-one parenting strategies and support
- Workshops on:
 - Dealing with disobedience
 - Managing fighting and aggression
 - Developing good bedtime routines

To register call

614-382-2445 or email

TripleP@actionforchildren.org



Ohio Children's Trust Fund
Ohio's Prevent Child Abuse America Chapter

Action for Children



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™